DECEMBER 15, 2019

Editor: Sarah Pack

# Randolph County Crier

A NEWSLETTER FOR COUNTY EMPLOYEES



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### December is National



## Emergency Services Deputy Chief Lewis Schirloff Retires

Emergency Services Deputy Chief LEWIS SCHIRLOFF is set to retire on December 31, 2019, after 31 years of service. LEWIS began his career as a paramedic with Randolph County in 1988 after completing his Bachelor of Science degree in Emergency Medical Science at Western Carolina University. Over the years, he has been promoted to Crew Chief, Shift Supervisor, Department Training Officer, and Deputy Chief.

LEWIS has been an instrumental part of EMS's evolution in Randolph County. He is responsible for establishing a sound training platform for our EMTs and paramedics and he implemented the Emergency Medical Dispatch (EMD) program for our 9-1-1 Telecommunicators in 1998. This program allows 9-1-1 staff to provide lifesaving instructions to callers who need assistance with cardiac arrest (CPR), childbirth, hemorrhage control, choking, etc.

In the early 1990s LEWIS became one of the first tactically trained paramedics in the State. Since then he has been an active member of the Sheriff's Emergency Response Team (ERT) and Asheboro Police Department's ALERT team, responding with them on things like raids, hostage situations, and subjects barricaded inside a dwelling.

Throughout his career, he has been deployed on several State missions to assist other counties after hurricanes, flooding, and tornadoes. Tyrell, Halifax, and Harnett counties to name a few. After September 11, he worked with the State to develop a State Medical Assistance Team (SMAT) here in Randolph County. He recruited local law enforcement, paramedics, and firefighters to join the team, organized all of the training, and worked with state vendors to procure the necessary equipment and supplies through a grant. The team specializes in medical response and mass decontamination.

Continued on the next page

In recent years he has worked closely with Public Health to develop a community paramedic program to help combat and address the opioid crisis in Randolph County. Someone who has overdosed is given the opportunity to work with a paramedic and a Public Health educator who will provide them with resources and Narcan.

LEWIS has always made the citizens of Randolph County a top priority. For our employees, he has been driven to make sure they have the tools and resources they need to provide excellent service in all division.

Last year he took a nine-month course to become a certified Health Coach to help others optimize their health and well-being. Just this year he became a certified local medical examiner for Randolph and Guilford Counties.

In his retirement, LEWIS plans to continue to teach continuing education courses at Randolph Community College, provide medical examiner coverage, and spend more time with his family.

We wish him many days of relaxation and happiness in retirement.

-Donovan Davis

## Patricia (Pat) Voncannon Retires from Emergency Services

PAT VONCANNON will retire on December 31, 2019, after 20 years of service with Emergency Services. She began her career as a 9-1-1 Telecommunicator in 1999.

During her time in 9-1-1, she helped thousands of Randolph County citizens and visitors with structure fires, cardiac arrest, burglaries in-progress, suspicious persons, noise complaints, damaged mailboxes... the list goes on and on.

After ten years in the 9-1-1 Center, she moved to the position of Office Manager. She made sure we all got paid, the bills got paid, contracts were up-to-date, and so much more.

If you know PAT, you know she's always up for having fun and she wants everyone to join in. She has been involved in every special event we've had, from coordinating our annual "Fill the Ambulance" campaign, to planning our annual employee appreciation banquet, and assisting with our annual breast cancer awareness t-shirt fundraiser. She has always been the first to step up when one of our own needs help with something (anything).

Snowstorms, hurricanes, severe thunderstorms, ice storms — she's been here through it all. She was always one of the first to volunteer when the Emergency Operations Center (EOC) was activated, but only if BRADLEY BECK would pick her up and take her home.

Don't get us wrong. Some days she could get a little grumpy and we think she loves to argue, but only just a little bit. Nevertheless, that just makes us love her even more.

PAT was the first female active firefighter to retire from the Seagrove Fire Department with 20 years

of service. She has served on the Boards of the Seagrove Fire Department, Operation Red Sleigh, and a member of the Randolph County Critical Incident Stress Management (CISM) team.

If you didn't know already, she loves, loves to travel. Cruise ships be warned! PAT is on the loose. Mountains or beach, or heck, just to Siler City, she loves to travel.

PAT and her husband Darrell have been married for 44 years and reside in Seagrove. They have two children, Melissa and Doug, who reside in California with their spouses, Wendy and Rich. She has an adorable little granddaughter named Ella and another granddaughter, Sadie, who has a reservation to arrive in February.

PAT and Darrell are well known throughout the Seagrove community and across the county for their endless contributions and charity. In retirement, she plans to continue that, as well as... travel.

-Donovan Davis

## Welcome Elma Rae Greene

County Manager HAL JOHNSON and Randolph County Government are excited to welcome ELMA RAE GREENE to the Animal Services team. Her background in animal services and collaboration with law enforcement gives her an excellent foundation to develop the Randolph County Animal Services Department. Her experience, expertise, communication skills, and procedure development experience will be an asset to the County. With ELMA RAE's direction and guidance, the Animal Services Department has the opportunity to expand and promote the health and welfare of both animals and citizens in Randolph County.

ELMA RAE began her career in animal services as an Instructor at Alamance Community College in 1996 where she taught both Animal Care and Criminal Justice curriculums, including Animal Law, Human Education, Facility Management, and Health Care for Animals.

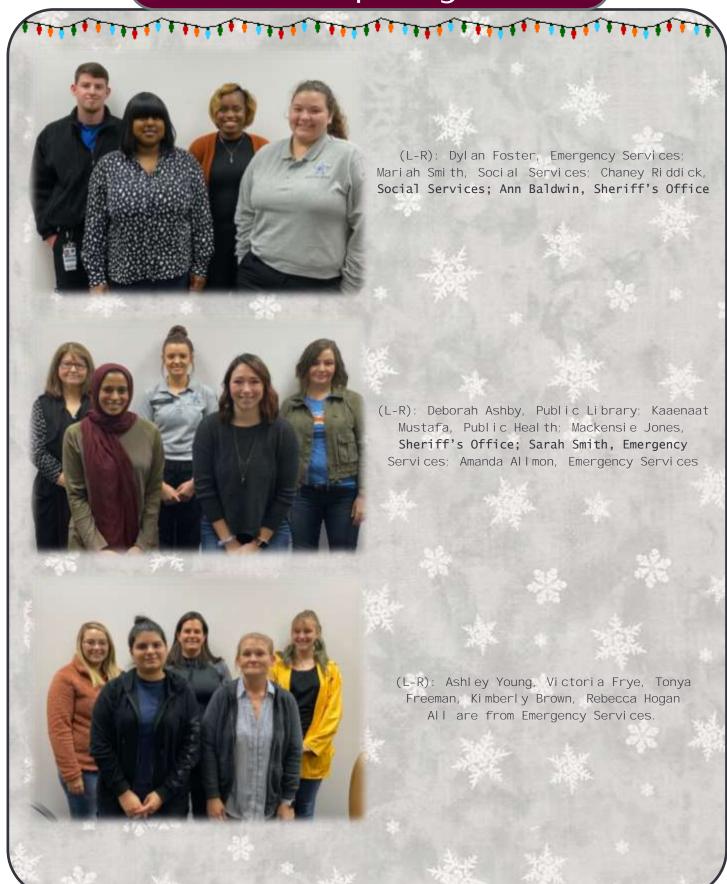
In June of 2009, she was appointed Animal Control Director in Warren County, N.C. She was the administrator and sole supervisor of the department and her duties included improvements to program development, licensing, public relations, public literature, development of annual budgets, animal admissions, and animal care. Under her supervision, the euthanasia rate was reduced to 34%.

In March of 2016, ELMA RAE became the Animal Services Director in Transylvania County. She was brought in as a supervisor in order to improve a program that was found to be out of compliance with the NC Animal Welfare Act. She provided conflict resolution, ensured compliance to legal mandates, coordinated training and supervision of staff members, developed literature, organized annual budgets, and oversaw animal admissions and care. While in this position, she founded the Transylvania Animal Welfare Coalition which linked animal welfare and citizen groups and organized an animal food bank. One of her more notable accomplishments in this role was transitioning the shelter to be a nearly no-kill status with a 10% euthanasia rate.

September of 2018 brought an opportunity to bring her knowledge and passion to Craven County as the Animal Services Director. Under her leadership, a program with 90% staff vacancy began to flourish as she recruited and trained new personnel, developed new procedures, and enacted goals of preventative veterinary health, law enforcement collaboration, and educational programs. She directed recovery efforts after Hurricane Florence including recovery of the Animal Services facility and management of an emergency satellite shelter.

Elma Rae's first day in the Animal Services Department was December 2, 2019. Welcome to Randolph County, ELMA RAE!

## New Employees







Wishing you a Joyous Holiday Season and a New Year filled with Peace and Happiness

## Department News



## Public Library

Sunset Signature Series presents: Elizabeth Smart: Survivor, Author, & Child Safety Advocate

The abduction of Elizabeth Smart in 2002 was one of the most followed child abduction cases of our time. Through this traumatic experience, Elizabeth has become an advocate for change related to child abduction, recovery programs, and national legislation. This program will take place at Sunset Theatre at 234 Sunset Avenue on Saturday, February 15th, at 7 p.m. Doors open at 6:30 p.m., but come early to get a good seat because many people have expressed interest in the program.

## The programs below will be at the Asheboro Library, 201 Worth Street:

Holly George-Warren Presents Janis: Her Life and Music

Celebrated music journalist and Asheboro native Holly George-Warren will visit the Asheboro Library at 7 p.m. Friday, January 17th, to talk about her acclaimed new biography of Janis Joplin. Published by Simon and Schuster in October to rave reviews, "Janis: Her Life and Music" establishes the Queen of Rock & Roll as the rule-breaking musical trailblazer and gender-bending rebel that she was. George-Warren had unprecedented access to Joplin's family, friends, bandmates, archives, and long-lost interviews to create the intimate portrait.

## Journalist David Zucchino Debuts His Book Wilmington's Lie

Pulitzer Prize winning journalist and author David Zucchino debuts his book "Wilmington's Lie: The Murderous Coup of 1898 and the Rise of White Supremacy" at 7 p.m. on Thursday, January 30th, at the Asheboro Public Library. Zucchino won the 1989 Pulitzer Prize for Feature Writing for his reporting from apartheid South Africa. "Wilmington's Lie" recounts the violent overthrow by white supremacists of the duly-elected, racially-mixed local government of Wilmington N.C. in 1898.

### Sweetheart Scam

Just in time for Valentine's Day: a program about robbing your heart—and your wallet! Starting with lavishing you with attention, your honey-to-be will want to spend some quality time with you because they love you oh so much, only the airfare is so expensive and could you please help them out? Just a little bit with an untraceable, prepaid card? City of Asheboro Officer Guadalupe Gonzalez comes to the Asheboro Public Library with insider information on how to avoid these scams on Monday, January 27th, at 6:30 p.m.

## Living Healthy with Diabetes

Thursdays from 9:30 a.m.-12 p.m. starting January 16th and ending February 20th, this free six-week course is presented by the Piedmont Triad Regional Council Agency on Aging. Diabetes affects 12.2 million Americans aged 60+, or 23% of the population. "Living Healthy with Diabetes" can help you better manage Diabetes, improve quality of life, and lower health care costs. Dr. Althea Taylor-Jones and Gail Sherred will be leading this highly interactive class, where mutual support and success build the participants' confidence in their ability to manage their health and maintain active and fulfilling lives. The workshop focuses on problems common to individuals dealing with Type 2 diabetes: learning to deal with symptoms of diabetes, manage stress and medication usage, and learn healthy eating habits and exercise techniques. It also addresses pain management, nutrition, and other topics. Space is limited to 15 registrants. Please call 336-318-6803 to register.

-Meghan Carter

## Veterans Services

Veteran Services has officially moved to the old Board of Elections Office space. Our "Open House" will be in the middle of January due to various projects in the forefront.

Richard Childress Racing (425 Industrial Drive Welcome, NC 27374) is hosting a Veteran Experience Action Center. Services include compensation and pension assistance, healthcare enrollment onsite, mental health counseling, and VA Mobile Vet Center. All Randolph County Veterans are welcome. North Carolina Department of Military and Veteran Affairs has invited CHAD GURLEY and/or his staff to give representation for this region.

H.R. 299 Blue Water Navy Vietnam Veterans Act of 2019 was signed into law on June 25, 2019. H.R. 299 extends Agent Orange Presumptive benefits to those who operated 12 nautical miles from DA Nang Harbor as well as veterans who served in the vicinity of Vietnam. Nehmer v. Department of Veteran Affairs in 1986 was the original lawsuit that extended benefits to personnel who were "boots on ground" in Vietnam.

Department of Veteran Affairs advised that beginning January 1, 2020, all Navy Blue Water claims are to be filed though local offices. In short, our office will need to execute VA directives as well as open previously denied cases of those who passed away before legislation.

Lastly, The VA has also sent down directives to our local office to troubleshoot all end user issues related to ebenefits.gov and va.gov. Both sites are "self-service" options for veterans. Veterans may come to our office for password reset, site navigation, and direct deposit enrollment.

-Chad Gurley

## Emergency Services

Congratulations to JONATHAN CHESNUTT, KAYLAH ELDER, GARY GALLIMORE, JARED HATELY, ALISHA LOGAN, and JODEE POPLIN who have successfully completed their Paramedic certification. They will now complete their state and local testing to practice.

Please join us in congratulating the following employees who were promoted in December:

- JARED BYRD has been promoted to Deputy Chief.
- BRADLEY COOPER has been promoted to Captain over EMS.
- MARY CLARK and RYAN HUNTER have been promoted to Shift Lieutenants in EMS.
- JASON BURGESS, COREY LEE, and MAT-THEW PINION have been promoted to Shift Sergeants in EMS.
- IAN CAVALLIER, CASEY CRITCHFIELD, DAR-RIEN HINESLEY, CRYSTAL JOHNSON, and TRACEE MARSH have been promoted to Corporal / Field Training Officers in EMS.

-Donovan Davis

## Animal Services

Randolph County Animal Services would like to welcome HEATHER STEWART as the new Kennel Attendant. HEATHER has two daughters and is engaged. She enjoys photography in her spare time. Her first day was October 1, 2019. Welcome HEATHER!

-Kendall Phillips

### 911 Communications

May the holiday season fill your homes with joy, your hearts with love, and your lives with many blessings. Merry Christmas and Happy New Year from Randolph County 9-1-1!!

-Lt. Janet King



## Information Technology

Condolences to LINDA SMITH on the passing of her brother, John Redding.

The Information Technology "Heads Above The Rest" award for providing outstanding support above and beyond the normal call of duty was presented to BRIAN LOFLIN this past quarter for the incredible level of support he tirelessly provides every day to every caller to the IT Helpdesk. Congratulations BRIAN.

Madeline Paige Coggins is the daughter of JOY and Danny COGGINS. She is a Graduate of NC State University December 2019, with a Bachelor of Science in Fisheries, Wildlife and Conservation Biology with a concentration in Conservation Biology. She is graduating not only with a Major, but two minors as well: Entomology and Zoology. Congratulations!

-Michael Rowland and Joy Coggins

### Tax

We would like to extend sympathy to CRYSTAL HUDSON on the death of her grandfather Edward Perry who passed away on November 16th.

Congratulations to MYRA AUMON on the birth of her new granddaughter, Kimber Grace Morris, on November 4th. She weighed 6 lbs., 15oz.

Reminder, the last day to pay property tax without interest is January 6, 2020.

The Tax Department would like to wish everyone a very Merry Christmas and a Happy New Year.

-Teresa Mitchem

## Register of Deeds

Please join us in welcoming our new employee, SHERI HAYNES, to the Register of Deeds Office.

-Sandy Newlin

## Sheriff's Office

Congratulations to Deputy ZACHARY DARK who married Kathryn Talkington on October 12, 2019.

Congratulations to Det. BRIAN CHRISCOE and Megan Coble who were married on October 12, 2019.

Congratulations to Deputy TRAVIS POOLE and Anna on their marriage on November 24, 2019.

Congratulations to JACOB CHAPMAN and Tiffany on the birth of Karsyn, born on October 11, 2019, weighing 6 lbs. 4 oz., measuring 21 inches long.

Congratulations to BRITTANY THOMPSON and her family on the birth of their newest addition, Avery Brooke Thompson, born Thanksgiving Day weighing 7 lbs. 4 oz., measuring 18 ½ inches long.

Welcome to new employees STEPHEN BROWN, JAMES WILLIAMS, STEPHEN MAYNARD, ANN BALDWIN, and MACKENSIE JONES.

Our sympathy to Detention Officer JOHNNIE HODGIN in the passing of his father Coy Lee Hodgin, Dep. BRAD HODGIN's grandfather, on Monday, November 11, 2019.

-Amanda Varner

DSS is proud to announce the 2019 Supervisor of the Year, Employee of the Year, and Rookie of the Year: *Jennifer Evans, Yalila Roman*, and *Sean Scott*!

Supervisor of the Year, JENNIFER EVANS, has been with Randolph County DSS for almost 22 years. JENNIFER started her journey here at DSS in 1998 as an Income Maintenance Caseworker in the Food Stamp Unit. She was promoted to a CPS Social Worker in 2001. Her supervisors complimented how quickly and accurately she completed her work as well as being extremely organized. In 2005, JENNIFER became a fully-qualified SW I/A/T. In her evaluation it states, "Ms. EVANS works independently, requiring little, if any encouragement or supervision to complete her responsibilities. When assigned a new case, she knows what to do and how to prioritize tasks." This later helped her



move into the role of a CPS Supervisor in 2009. JENNIFER has been a great role model for incoming social workers and social work supervisors. She remains calm in highly stressful situations and knows policy inside and out. Congratulations JENNIFER EVANS on being the 2019 Supervisor of the Year.



Employee of the Year, YALILA ROMAN, is a very helpful individual. YALILA is always eager to assist in difficult situations, train co-workers, research problems and just will not give up when it comes to assisting the citizens in her program. She has been with the agency since 2007. She has a positive attitude is respectful towards everyone she meets and always maintains a professional demeanor. YALILA has a way with her clients that make them feel comfortable and she makes sure that they understand everything that is being told to them. She is always smiling and can turn a bad day around with her amazing personality and infectious laugh. We are lucky to have her here with us and look forward to seeing what the future holds for her.

Rookie of the Year, SEAN SCOTT, started his DSS journey in 2018. He has exceeded the expectations of a new employee and is always eager to learn more. SEAN is very engaged, listens carefully and takes great notes. He comes to work every day with a smile on his face and starts his work without hesitation. He makes sure to complete his work timely and accurately to ensure that his clients receive assistance quickly. SEAN is a great coworker and relieves high pressure at work through his wittiness. He shows excellent customer service and is an excellent example of what an employee at DSS should be.



## Congratulations

-Tasha Dakoulis

## Cooperative Extension

## Family and Consumer Sciences

Family and Consumer Sciences agent JEANNIE LEONARD received awards at her State and National Association conferences for her continued excellence in Cooperative Extension. Since 2003, JEANNIE has served with excellence by providing food safety education -- including her freezer meals program which is offered as a train-the-trainer program for other agents. In addition, she has served as her Association's District Vice-President, President, and Advisor at least twice.



If it's not too early to think about New Year's resolutions, FCS will offer a "Lunch & Learn: Working Towards a Better You" beginning January 17th. This 11-week series will:

- Explore behaviors that help you achieve and maintain a healthy weight.
- Identify strategies to help you eat smart and move more.
- Show you how living mindfully can help you achieve and maintain a healthy weight.
- Help you create new, lifelong habits.

Attendees are welcome to bring a lunch to this event. Water and a recipe tasting will be provided each class. Pre-registration and pre-payment of \$20 is required. Go to the www.randolph.ces.ncsu.edu website and click on "Register for Programs Online" in the left side menu. In case of bad weather, follow the Randolph County Schools System for information. For accommodations for persons with disabilities, contact our office at (336) 318-6000 no later than five business days before the event.

### 4-H Program

The 2019 4-H Farm Credit Showmanship Circuit concluded November 15th with a banquet at the Cooper-



ative Extension offices in Robeson County. The Circuit involves 4-H youth ages 5 to 18 in four age divisions from twelve counties. One hundred and one youth participated this year and 23 were from Randolph County. Livestock species shown are beef cattle, meat goats, and sheep. In showmanship classes, each youth is judged on how well they

display their animal in areas such as overall handling, highlighting positive areas of their animal, maintaining eye contact with the judge, and answering questions. For type classes, the animal is judged on ideal breed characteristics. Showing livestock promotes life



skills such as responsibility, time management, self-confidence, sportsmanship, financial responsibility, honesty, integrity and more. Other counties

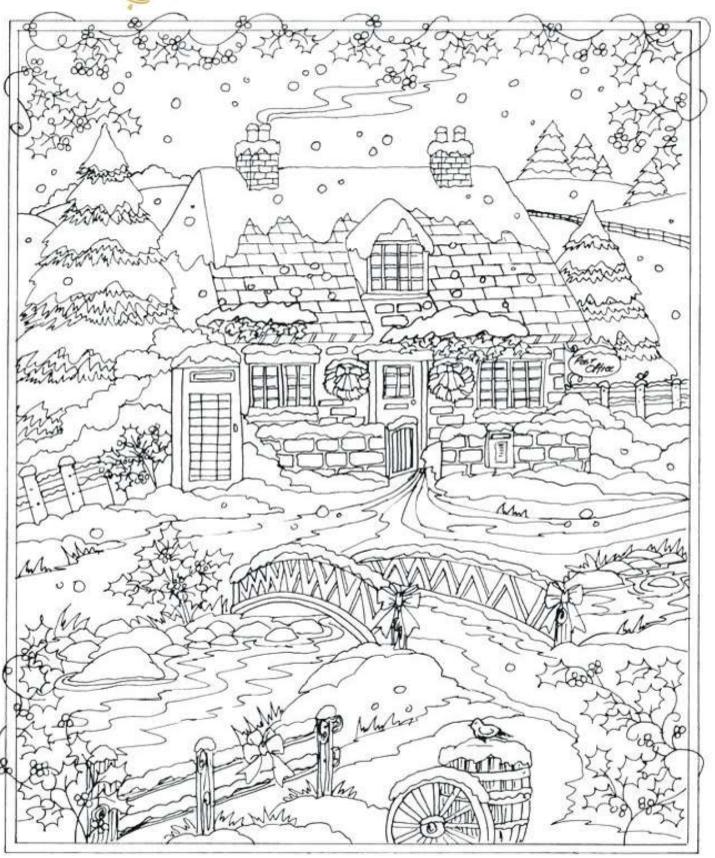
in the circuit with Randolph are Guilford, Chatham, Stanly, Montgomery, Moore, Cumberland, Richmond, Lee, Anson, Union, and Robeson.

The picture on the left is Rylee Schofield, from Randolph County, as she talks to the judge at the August show. She finished 4th in the Senior Meat Goat Division. On the right is Caroline Scarlett, also from Randolph County. She won Grand Champion Intermediate Heifer Showman as well as the 5th Place Intermediate Meat Goat Showman.

For more information or to get involved contact Allison Walker at x6005.

-Jill Cofer

# Print and Color!







## **Upcoming Events:**

Friday, December 20th—Election Filing Ends
Dec. 24th thru Dec.26th—County Offices Closed
Wednesday, January 1st—County Offices Closed
Monday, January 6th—Property Taxes Due
Monday, January 6th—Commissioner's Meeting
Tuesday, January 7th—Interest begins on unpaid property taxes
Monday, February 3rd—Commissioner's

Meeting

## **Landfill/Convenience Sites**

Did you know that there are currently four *convenience sites* for citizens to take refuse to, as well as the regional *Landfill*? The regional Randolph County Solid Waste Facility is located on County Land Road in Randleman. The four convenience sites are located in Coleridge, Farmer, Liberty, and Trinity respectively. There is a fifth convenience site that is currently undergoing renovations that will open in early 2020.

### **Esuite**

Are you utilizing Esuite, our employee portal, to track your accruals, benefit elections, tax forms, and more? There is a link to the Esuite portal on the Randolph County Website > Quick Links > Employee Resources. The portal is a great tool to help you keep track of the administrative side of your career.

## **Other County Interests**

**Veteran's Services** has moved to the space vacated by Elections at the Shaw Building. This will provide ample space to serve veterans of Randolph County and will allow for expansion in this department. Stay tuned for an open house!

The **Tourism Development Authority** is moving out of the Historic Courthouse and into their own space at Five Points in January.

The *Adult Day Reporting Center* will be moving to Northgate Commons after the first of the year.

Changes are coming to the *Historic Courthouse*. The Library presented plans at the December Commissioner's meeting to put a Randolph County Historical Museum on the first floor of the Historic Courthouse. The Randolph Room will move next door and will be housed in the old County Administration building.

The Board of Commissioners has been collaborating with *Randolph Health* regarding the status of the hospital. Randolph Health continues to search for a partner and look at options for the future in Randolph County. At a Public Hearing on November 21st, Commissioners voted unanimously to apply for the Rural Health Care Stabilization program with the possibility of receiving a \$20 million dollar loan on behalf of Randolph Health. If the County is awarded the loan, there will be another Public Hearing in the future to determine whether or not the County will actually borrow the money.

## Wellness Update

By Sam Varner, NBC-HWC Wellness Administrator

## Overcoming Procrastination

To become truly successful at completing tasks, one MUST learn to avoid procrastination. Taking action in the face of "not wanting to do something" is the key to SUCCESS. To help you transform from a "procrastinator" into an "action taker," use the acronym STING:

- S Select one thing and do it. Don't multi-task. Pick one thing and focus on doing that and that alone. Perhaps it's completing a report or cleaning out your closet or finishing that letter to your friend. Just do one thing at a time.
- T Time yourself. Set a timer for a predetermined time limit (perhaps 1 hour) for doing the selected task. If you don't complete it, put the task aside and focus on it at another time.
- I Ignore everything else while working on the selected task. Forget the phone call you have to make or the email you have to read. Don't let minor distractions keep you from completing your selected tasks.
- N No breaks. That's right (except maybe a bathroom break). Don't take any breaks until the task is complete or your predetermined time is up.
- G Give yourself a reward. When you successfully complete a task, by all means give yourself something like a DVD, a trip to a movie, or a call to a friend. No matter how big or small your task is, get into the habit of rewarding yourself every time you complete it.

Following the STING technique for tasks will help you become a successful TASK MASTER instead of a procrastinator.

# Pink Day 2019





# Sulfylus Salfyns

On Tuesday, October 15th, the Randolph County Board of Commissioners and the Board of Elections conducted a ribbon cutting for the new Randolph County Board of Elections facility located at Northgate Commons, 1457 N. Fayetteville St., Asheboro. The Elections Department is the first of several County agencies that will be moving to Northgate Commons, purchased by Randolph County in April 2017. The 86,000 sq. ft. complex will eventually house Probation & Parole, Adult Day Reporting, Public Health's WIC program, and other County agencies in order to relieve current overcrowding in existing County facilities. County Manager Hal Johnson said that the 8.3 acre complex was purchased for \$1.5 million with renovation costs of \$4.9 million. Johnson said the County is also working with the City of Asheboro to locate a police substation at Northgate Commons. He said that, once completed, the complex will help bring a revitalization to the North Asheboro community and will also enhance economic development opportunities in the area.



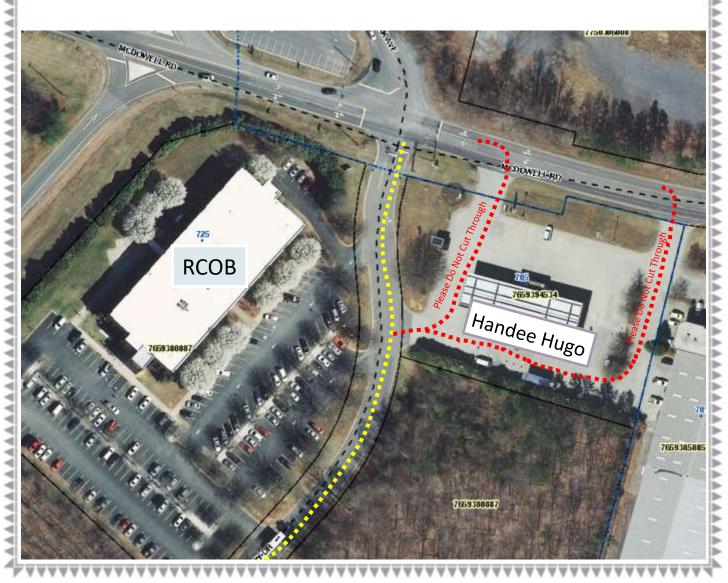
## Reminder to RCOB Employees

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Due to 5:00 p.m. traffic backing up on New Century Drive in front of the building, there has been a significant delay for employees turning left onto McDowell Road. The County has contacted NC-DOT and asked them to look into this to see if something can be done (possibly a left turn signal). In the meantime, please refrain from cutting through the Han-Dee Hugo parking lot. This is a potential burden on the gas station and is an illegal traffic maneuver.

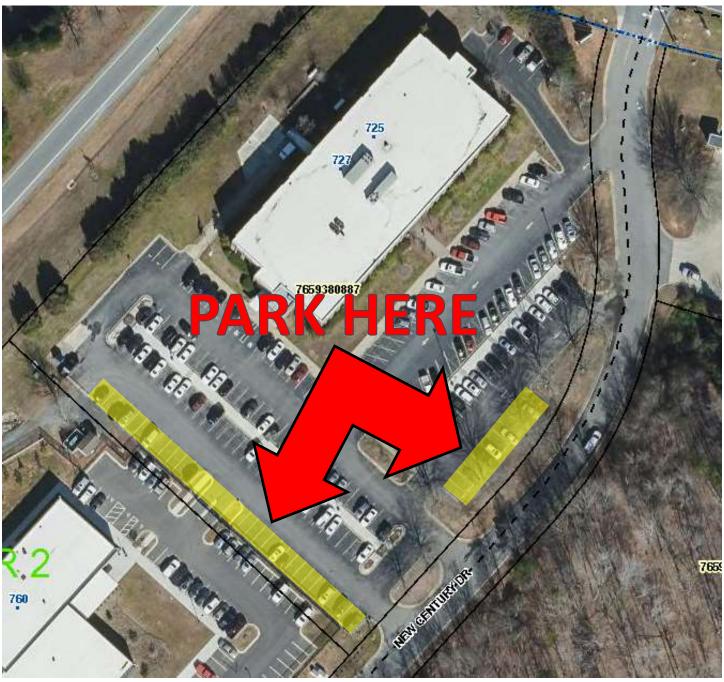
Thank you,

RCOB Safety Committee



# Winter Weather Regaest

Winter weather will be here before we know it! In the event of anticipated snow, ice, or other unsavory precipitation, please move all vehicles that are normally parked in the RCOB parking lot to one of the highlighted locations below. Having these vehicles parked in the highlighted areas allows our Maintenance department to salt/scrape the parking lot without the risk of damaging the vehicles. If you have any questions about this request, please contact the County Manager's office at x 6300. Thank you for your cooperation!



## SEVERE WEATHER AND EMERGENCY CONDITIONS

As a local government, the essential services of Randolph County must be provided even during periods of severe weather or emergency conditions. The County is committed to maintaining full service levels to the extent possible. However, the County is also committed to maintaining the safety of all citizens and employees, which may necessitate the need for a delay or closing of County operations during severe weather or emergency conditions.

When conditions warrant, the County Manager will determine and announce all decisions to delay or close County operations. If the County Manager is unavailable, the Chairman of the Board of County Commissioners will make the determination. If the offices are delayed or closed, then non-essential employees will not be required to report to work and will not be required to use leave to account for those hours during which the offices are closed.

### **Notification of County Operational Status**

When the County's schedule is altered, operational status will be available through the following means:

- News media outlets, specifically television channels WFMY2, Fox8, and News 14.
- The Randolph County Manager's phone line at (336) 318-6300.
- The Randolph County Home page on the internet at <a href="http://www.randolphcountync.gov">http://www.randolphcountync.gov</a>. The inclement weather message will be displayed on the home page at the top of the screen.
- Texts and/or emails from Randolph County Administration through Nixle (a free vendor-based software program for governments) provided that County employees have registered through Nixle for this program and for as long as this program is available to governments.
- In the event of an *early closing only*, the County Manager's office will send notification via the "allemailusers" email distribution list. It is the responsibility of Department Heads and Supervisors to ensure that all their employees have been notified, as some employees do not have email or may be away from their computers.

An announcement of a delayed opening or closing will be made as early as possible, but no later than 6:30am. If severe weather or emergency conditions develop during the day, employees will be notified of closings through normal supervisory means. If no message is displayed on the television channels, County website or phone line, then the County is operating under normal operating hours.



Randolph County Administration uses Nixle to deliver important County office closing and delays during inclement weather or emergencies to you by text message and email. There is NO spam or advertising. Nixle is available at no cost (standard text message rates apply for cell phone subscribers who do not have text plans with their cell phone providers).

You can register now and learn more at <a href="www.nixle.com">www.nixle.com</a>; you can decide what information you want and whether you want it sent to your cell phone, email, or just simply over the web. Or you can quick register for the closing announcements by texting "RCOUNT" to 888-777 from your cellular phone.

## Be Counted. Stay Safe.

## Safety Tips for North Carolina Residents Ahead of the 2020 U.S. Census

By April 1, 2020, every household in America will receive an invitation to participate in the 2020 U.S. Census. Once your invitation arrives, you can respond for your household in one of three ways: online, by telephone, or by mail.

While the U.S. Census Bureau is committed to making the 2020 Census quick, easy, and safe for all participants, scam artists will be trying to exploit this once-a-decade event.

Here are some quick tips to help keep you and your family safe:

### **Avoid Scams Online**

Corrupt emails can direct you to a website that looks real but is fake—and may be infected with viruses. Make sure the website address has a census.gov domain and is encrypted—look for https:// or a lock symbol in your browser window.

Please remember that the Census Bureau will never ask for:

- Your Social Security Number
- Your bank account or credit card numbers
- Passwords or clues, like your mother's maiden name, etc.
- Money or donations

## Avoid Scams on the Telephone

Do not blindly trust caller ID. Scammers often use "spoofing" tools to make it appear they are calling from a real Census Bureau number. You can call the National Processing Center at 800-523-3205, 800-642-0469, or 800-877-8339 (TDD/TTY) to verify that a telephone survey is legitimate.

## Stay Safe at Home

If someone visits your home to collect a response for the 2020 U.S. Census, you should do the following to verify their identity:

- First, check to make sure they have a valid ID badge, with their photograph, a United States Department of Commerce watermark, an expiration date, and a copy of the letter the bureau sent you. United States Census workers will always be willing and cooperative in presenting their identification.
- If you still have questions about their identity, you can call 800-923-8282 to speak with a local U.S. Census Bureau representative.

Be counted. Stay safe.

# Keep your pets safe!

# HAZARDS

## Keep the Holiday Season Healthy

Staying aware of these common dangers can help you avoid an unexpected trip to our veterinary hospital.

> If your pet has any of the symptoms listed above, please contact us right away.

## **DECORATIONS**

& WRAPPING MATERIALS

Ornaments, candles, tinsel, ribbon, dreidels, wrapping paper

Dangers: Burns (candles), choking, intestinal blockage, stomach infection

Symptoms may include: vomiting (possibly severe), diarrhea, depression, stomach pain, fever

# FOOD & DRINK

Bones, chocolate, fat trimmings, nuts (specifically almonds, walnuts, pistachios, macadamia nuts), general overindulgence, water with preservatives or sap in the Christmas tree stand

Dangers: choking, obstruction, lacerations (bones), pancreatitis (fatty foods), to gastric and respiratory distress (water from preservatives/tree sap), to coma, seizures, and death (alcohol, chocolate).

Symptoms may include: increased thirst, upset stomach, vomiting, diarrhea, lethargy, lack of coordination, difficulty breathing, tremors

## PLANTS &TREES

Holly, mistletoe, poinsettia, Christmas tree pine needles

Dangers: mouth irritation (poinsettia), gastric distress (pine needles), death (mistletoe)

Symptoms may include: excessive drooling, stomach pain, vomiting, severe diarrhea, difficulty breathing, shock

# CORDS & LIGHTS

Holiday lights and electrical cords

Dangers: electrical shock, death

Symptoms may include: burns, difficulty breathing, abnormal heartbeat, loss of consciousness

## HOLIDAY HEALTH TIPS

It's common to gain a pound or two during the holidays. It's also common to keep those pounds into the new year. Here are some tips to help you stave some of that extra weight this holiday season.

## TO DO:



## Get moving

One of the most effective ways to lose or maintain body weight is to engage in regular aerobic activity.



# Aim for 7 a day

Have 7 or more servings of fruits and vegetables each day. It will help fill you up and keep you from binging on sweets.



## Party on a semi-full stomach

Control your cravings and have a healthy meal or snack before you go out. This way you can indulge a little bit and feel satisfied.

## MORE HELPFUL HINTS

Focus on socializing



Say no, politely



Bring healthy snacks















## Top 5 after-holiday savings to snag

It's OK if your holiday shopping doesn't get wrapped up by December 24. In fact, you might

Lighting deals not to miss

Look for open box consumer electronics — where the packaging has been opened — and potentially save even more over discounted prices. Invest in outdoor lights and cameras to ensure all is calm and all is bright whether you're at home, or away at Grandma's house.

Final sales on flannel sheets and blankets
This winter the only thing that should turn frosty is your heating bill. Cozy up to discounts on new flannel blankets or sheets to help keep Old Man Winter at bay. And, hopefully, keep spirits warm and bright.

Slimmed-down pricing on fitness gear
You could go dashing through the snow to shed holiday pounds or you could snag a good deal on exercise gear. Look for savings on workout machines, weights and athletic clothes. Don't forget, you may get a discount on gym memberships, too, before the new year!

foods, condiments, nuts and more. Retailers will soon be ready to clear gift giving throughout the year.

"Yole" save on holiday decorations

After holiday prices on paper, bows, bags, candles and other trimmings typically drop a few degrees as December 25 gets further and further behind us. Think red themed crafts for Valentine's Day and green for St. Patrick's Day.







# Join the club: Stash holiday cash all year



According to a 2018 MagnifyMoney holiday spending survey, shoppers wrapped up more than \$1,000 in debt during the holidays. Further, the survey found 28 percent of those shoppers went into the 2018 holiday season still paying off debt from 2017. These numbers continue to rise each year; 2019 is expected to be no different. Start breaking the cycle of debt for the 2020 season with these tips:

### KEEP IT REAL

Start with a budget that reflects how much you want to spend on holiday festivities. Make a list of everyone you shop for and set a dollar amount for each person. If you snag items on sale and end up spending less than what you originally allotted on someone, don't feel obligated to spend the extra money. Save it! Your budget should also factor in things like food for entertaining, decorations, wrapping paper, cards, postage, etc.

### SAVE IN A HOLIDAY CASH CLUB ACCOUNT

After you've created your 2020 holiday budget, open an LGFCU Holiday Cash Club account. Break down your budget into equal monthly deposits between now and October 31, 2020. If you already have a Holiday Cash Club account, determine whether you need to adjust the amount you're saving from each paycheck to meet your goal. Saving over the course of several months will be much more manageable than trying to allocate funds from the last couple of paychecks of the year.

### AVOID THE LAST-MINUTE SHOPPING TRAP

Start shopping early. Take advantage of early seasonal sales to begin checking off items. This will allow you time to visit several stores, compare prices online and even postpone your purchase until a better sale or coupon is available. Even if you wait until Black Friday or Cyber Monday you can likely score some good deals as long as you stay focused on your shopping budget. You may even end the 2020 season under budget!

Lastly, sign up for Compass, LGFCU's interactive money management service (Igfcu.org/compass).

Compass lets you monitor your spending as you mark things off your list. Plus, you can track
your savings progress throughout the year!

FIND MORE WAYS TO MANAGE YOUR MONEY AT LGFCU.ORG/PERSONALFINANCE.



The advice provided is for informational purposes only.



## Cool Movies You Might've Missed

Aimee Scotton-Resident Movie Reviewer/Aficionado

We're right smack dab in the middle of the holiday season, and you know what that means... most of the Oscar hopefuls will be released in the next few weeks. A few are being released here and there, but most of them will come out the week of Christmas. In the meantime, I submit the following:

## فيرياني بالبرياني بالرياني بالرياني بالرياني بالرياني

## Midway

As a history buff, I really wanted to like this one. To be clear, I didn't hate it, but I wanted it to be great, and it's not great. Not even close. First, the good. It's more historically accurate than most war movies, and the battle scenes are pretty exciting. Now, the bad. Although exciting, the battle scenes are so CGI'd that you often feel like you're watching a commercial for a video game. The characters are all walking war-movie stereotypes. There is virtually no character development and the dialogue is stilted and clichéd. Accomplished character actors like Dennis Quaid and Woody Harrelson are wasted in this film. Skip it and watch the 1976 film of the same name.



## **Doctor Sleep**

I'm going to start this review with a warning. While I'm not going to "spoil" the film that I'm reviewing, this review will contain spoilers regarding both the film and the book, The Shining. So if you haven't seen and read The Shining and don't want them spoiled for you, just skip to the next review. You've been warned. In 1977,



Stephen King published the novel, The Shining about the Overlook, a hotel that absorbed all of the evil things that had occurred there. The plot follows Jack Torrance, his wife Wendy, and their 5-year-old son Danny who move into the hotel when Jack accepts a job as winter caretaker. Little Danny has telepathic powers, referred to as "the shining" that allow him to see things that others don't. Over the course of the novel, the hotel attempts to possess Jack and to force him to murder his family. At the end of the book, Wendy and Danny escape with a kindly cook, Mr. Halloran, and the Overlook explodes. In 1980, Stanley Kubrick adapted The Shining into a major motion picture starring Jack Nicholson. The movie was different from the book in significant ways. For example, Mr. Halloran is killed in the movie and Wendy and Danny escape alone. Secondly, the hotel does not explode in the film. It is still standing, intact, at the end. In 2013, Stephen King published a

long-awaited sequel entitled Doctor Sleep. It follows young Danny, now a grown man. And, since it is a sequel to the novel, it grows from the events of the novel—not the film. I give you all of that background so that you can appreciate the difficulties facing writer/director Mike Flanagan when he decided to adapt Doctor Sleep into a movie. The book was a sequel to the book; the film would necessarily have to be a sequel to the film. Mike Flanagan does a terrific job of marrying the two into one pretty-great movie. In fact, Stephen King himself stated that Doctor Sleep redeemed The Shining for him (he initially hated the movie and felt that it was not a true adaptation of his novel). By contrast, Doctor Sleep is easily one of the best film adaptations of any of **King's** novels. Ewan McGregor is perfectly cast as grown-up, damaged Danny. But, as is often the case, it is the villain that really (pardon the pun) shines. **Rebecca Ferguson's** performance as Rose the Hat is positively captivating. The story is a simple one. A child who shines reaches out to Danny to help her in the face of danger from an unspeakable evil. The movie is a little long (2 and a half hours), but it never feels long. And the callbacks to The Shining and the Overlook hotel are both nostalgic and creepy, creepy, creepy. Well-played, Mr. Flanagan, well-played.

## A Beautiful Day in the Neighborhood

This movie is loosely based on an article that journalist Tom Junod wrote for "Esquire" magazine about beloved children's television star Fred Rogers (Mister Rogers for those of us of a certain age). The film stars Tom



Hanks as Fred Rogers and Matthew Rhys as the journalist (in the film, his name is Lloyd) interviewing him. This is not a biography of Fred Rogers. Instead, the movie really centers more on Lloyd and his personal issues. He's going through some pretty heavy family stuff when he's assigned this puff piece. More of an investigative reporter, Lloyd approaches the story with the idea of trying to discover how much of the Mister Rogers we see on television is the real Mister Rogers. Along the way, he learns about forgiveness and acceptance. It's a lovely film about a lovely man's approach to life, an approach that we can all learn from. There are scenes in the film that you might doubt until you read Junod's real-life article and learn that they actually happened. That's literally the first thing I did when I got home after seeing this film—I read that article. If you'd like to read it, it shouldn't spoil the film for you (note that I said the movie is "loosely" based on the article). It's called "Can You Say . . . Hero?" and was written by Tom Junod and

published in Esquire. It's readily available online. If you're like me and Mister Rogers was an integral part of your childhood, then I think you'll really like the article and this film.

## Ford v Ferarri

This movie tells the true story of how American car designer (and former racecar driver) Carroll Shelby, played by Matt Damon, and driver Ken Miles, played by Christian Bale, build a revolutionary race care for Ford and challenge Ferrari at the 24-hour Le Mans race in 1966. Let me begin by saying that I am not the target audi-

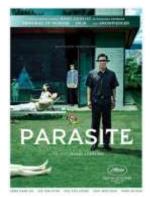
ence for film about auto racing. I just don't care that much about cars, and I care even less about watching said cars speed around a track for hours on end. It is a testament to the power of filmmaking that, for 2+ hours, while watching this film, I did care. I cared a lot. This is the kind of movie that you don't see much anymore—a straightforward, easy-to-follow, no-frills story with good dialogue and perfect casting. And it's a period piece at that—set in the mid-1960's. Matt Damon is great as the easy-going Shelby and Christian Bale is terrific as the temperamental, tightly-wound Miles. The two have chemistry for days, and when the film pits these two against the corporate execs at Ford (no, the Ferrari guys aren't the true villains of this film), you've really got someone to root for. The racing sequences are tight and exciting; the supporting cast is great, and even though the plot is sports-movie formulaic, it has some good surprises—assuming, that is, that you don't already know what happened. It is, after all, a true

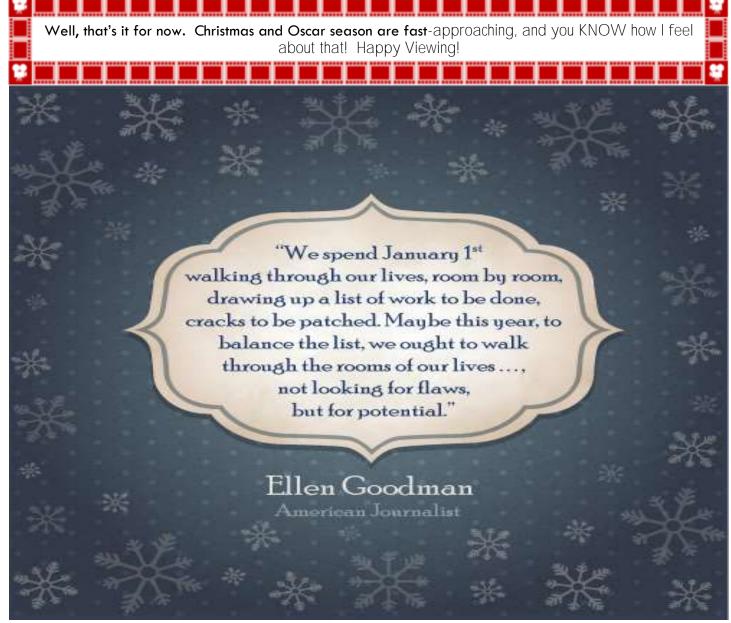


story. The only flaw I find in this film is that there is a pretty significant dramatic event that almost feels like an afterthought in light of the film's structure. Otherwise, this is just a good, solid movie, whether you're a car person or not.

## **Parasite**

This is a hard movie to review, but I'll do my best. I'm going to give you a little of the basic plot while trying hard to avoid spoilers. Basically, this film follows two families—the Kim family (who is unemployed and destitute) and the uber-rich Park family. As the lives of these two families become entwined, things take unexpected and devastating turns. This movie is not for everyone. First off, the dialogue is not in English. This is a Korean film with English subtitles. Secondly, it defies description. Sometimes funny, sometimes horrific, sometimes nail-bitingly tense, the one thing that is consistent is that it is uncomfortable. The movie is a commentary on society and the division between the haves and the have-nots. The plot moves at a good pace, and, just when you think you see where things are heading, it takes an unexpected turn and plunges you off a cliff. It's very well made, but watching it is not a pleasant experience.





# January 2020

## Birthdays



Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 Sallie Cheek	2 Jimmy Barnes Brian Loflin Brandon Ellis Kyley Moore	3 Robert Young Derek Vernon	4 Peter Beland Eric Cranford Lulane Long
5 Donna Bryant Isaac Perry Ruia Rogers Glen Sakamura Shelia Tilley Stephanie Voncannon Melinda Allred	6 Judy Saunders Phyllis Wicker	7 Sonia Cortez Dexter Trogdon	8 Jared Byrd John Coble Matthew Matteson	9 Erica Cagle Philip Pearman	10 Tamra Dillow Russell Hogan Mae Auman	11 Carol Benfield Sarah Smoot
12 Gwyn Lanier	13 Amanda Cantrell Samantha Colwell Marlene Dawalt Lisa Davis	14 Chuck Husband Christopher Sease	15 Judith Rowland	16 Jay Dale	17 Chrystal Harris Susan Hayes	18 Debbie Bowman Janna Shofe
19 Laura Clegg Ricky Williamson	20 Ann Baldwin Ashley Cruz Jeff Potts	21	22 Elizabeth Avilez Gonzalez Kimberly Gray	23 Patricia Apple Michael Ayers Wes Brown Debra Patrick Joseph Thompson	24 Joel Councilman Connie Parrish Phuc Tang	25 Darlene Luck Pamela Resch
26	27 Allison Hedrick	28 Thomas Coltrane	29 Jeff Baker William Duval Clint McNeill Dora Munoz Cathy Ratley	30 Craig Brady Heather Smith Deletta Walker Johnny Hussey	31  Mellody Hunter Ernie Hall  Mattie  Wingfield Aundrea Azelton	



# February 2020

## Birthdays



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Brooke Hebert Jodi Meier Beth Thomas Crystal Trogdon					
2	3 Justine Buxton Tanya Sheek Heather Wood	4 Damon Brown Karen Coley Tammie Smith Mary Thompson	5 Beth Bryant Amber Skeen Jacqueline Culler	6 Lisa Garner Derrick Hill Charles Varner	7	8
9 Traci Baker Tatiana Brown Crystal Johnson Amy Luck	10 David Craven Shamondy Dunbar Pamela Owens Morgan Routh	11 Cheryl Benford Tammy Haynes Arthur Heaton, Jr. Victoria Pacheco	12	13 John Jones Sheryl York	14 James Sibbett	15 Lisa Beck
16 Ross Holt Theresa Mitchell Nicholas Peak	17 Jakob Barkle Maria Mulles	18 Marbely Sanchez	19 Shannan Morton Alison Johnson	20 Jeffrey Goins Eric Martin	21 Donovan Davis Tiffany Kirby William Moss Quinterious Ragland Ben Raymond Barbara Small	22 Jeffrey Cook Colleen Durham
23 Loriz Aguirre Ronald Cox	24	25 Jerry Brower Wendy Kennon	26 Emma Yow Debbie Brady Lyndsey Harris Kelley Howell Suzanne Tate Christie McCorquodale	27 Aaron Bunting Michael Craven Deon Covington	28 Joe Allen Julie Alston Kendall Phillips	29